



List updated March 2011

# Farm & Native Plant Nursery

*Proud to be 100% NY Native!*

## Native Plants for Birds



You can supply birds with food and shelter by planting a variety of native plants in your yard. Plant a mix of shrubs that fruit in the summer (ex. serviceberry) and fall (ex. spicebush, dogwood) and some that have berries that stick around through winter as well (ex. winterberry, nannyberry). Think about adding in some nut plants such as hazelnut, and conifers - which are very important resting places and shelter in both summer and winter. Don't leave out the grasses - which can provide cover for ground nesting and foraging birds, as well as food from their seeds. Mimic the natural forest and try to have multiple layers - with a canopy, understory, shrub, and groundcover layer - as different birds use different layers. To complete your bird garden, consider adding a water source, some nest boxes, and a feeder or two in the winter as well. Be sure to avoid pesticides.

### Berries for Birds

Birds need plenty of fatty berries for energy during fall migration. Here are some of the best shrubs you can plant for passing migrants to fill up on while they stop-over in your garden.

(percentage fat content shown)

- CORNUS RACEMOSA Gray Dogwood (39.9%)
- LINDERA BENZOIN Spicebush (33.2%)
- MYRICA PENNSYLVANICA Bayberry (50.3%)
- VIBURNUM DENTATUM Arrowwood (41.3%)

### Wildflowers and Grasses

- ELYMUS VIRGINICUS Virginia Wild Rye
- HELIANTHUS DIVARICATUS Woodland Sunflower
- HELIOPSIS HELIANTHOIDES Ox-eye Sunflower
- LIATRIS SCARIOVA VAR. NOVAE-ANGLIAE  
New England Blazing Star
- PANICUM VIRGATUM Switchgrass
- PENSTEMON DIGITALIS Tall White Beardtongue
- RUDBECKIA HIRTA Black-eyed Susan
- RUDBECKIA LACINIATA Cutleaf Coneflower
- SORGHASTRUM NUTANS Indian Nut Grass
- SPOROBOLUS HETEROLEPIS Northern Dropseed
- SYMPHYOTRICHUM NOVAE-ANGLIAE New England Aster

### Shrubs

- AMELANCHIER CANADENSIS Serviceberry \*\*
  - ARONIA ARBUTIFOLIA Red Chokeberry \*
  - ARONIA MELANOCARPA Black Chokeberry \*
  - CEANOTHUS AMERICANUS New Jersey Tea
  - CEPHALANTHUS OCCIDENTALIS Buttonbush
  - CORYLUS AMERICANA American Hazelnut
  - CORNUS ALTERNIFOLIA Alternate-leaf Dogwood \*\*
  - CORNUS AMOMUM Silky Dogwood \*\*
  - CORNUS RACEMOSA Gray Dogwood \*\*
  - CORNUS SERICEA Red Twig Dogwood \*\*
  - CORYLUS AMERICANA Hazelnut \*
  - ILEX GLABRA Inkberry
  - ILEX VERTICILLATA Winterberry \*
  - LINDERA BENZOIN Spicebush
  - MYRICA PENNSYLVANICA Bayberry
  - PHYSOCARPUS OPULIFOLIUS Ninebark
  - PRUNUS VIRGINIANA Common Chokecherry \*\*
  - RHUS AROMATICA Fragrant Sumac
  - ROSA PALUSTRIS Swamp Rose \*
  - ROSA VIRGINIANA Virginia Rose \*
  - RUBUS ODORATUS Purple-flowering Raspberry
  - SAMBUCUS CANADENSIS Common Elderberry \*
  - SYMPHOTICARPOS ALBUS Snowberry
  - VACCINIUM CORYMBOSUM Highbush Blueberry
  - VIBURNUM ACERIFOLIUM Mapleleaf Viburnum
  - VIBURNUM DENTATUM Arrowwood \*
  - VIBURNUM LENTAGO Nannyberry \*
  - VIBURNUM OPULUS VAR. AMERICANUM Highbush Cranberry
- Plants with \*\* are excellent food quality, \* are good.