



Fiddlehead Creek Native Plant Nursery

Native Plants for Living Landscapes

# Native Plants for Butterflies

Butterflies have good vision and are attracted to brightly colored flowers, often red and orange flowers. They do not have a strong sense of smell, so scent doesn't matter. They prefer flowers in clusters so they have plenty of landing pads as they flit around from flower to flower. While many caterpillars are host specific, adult butterflies will sip nectar from a variety of plants. Plant both caterpillar host plants and plants for nectar for adults. Plant your butterfly garden in the sun, protected from the wind, and with blooms for all season. Avoid using any pesticides, and consider adding a shallow water source and overwintering habitat or box. Goldenrods, Asters, Sunflowers, Joe-pyes are some of their favorites.

## Wildflowers – Nectar

- ACHILLEA MILLEFOLIUM Common Yarrow
- AGASTACHE FOENICULUM Lavender Hyssop
- ASCLEPIAS spp. Milkweeds
- ASTER spp. Asters
- BOLTONIA ASTEROIDES Bolton's Aster
- CHELONE spp. Turtleheads
- COREOPSIS spp. Coreopsis
- ECHINACEA spp. Coneflowers
- EUPATORIUM spp. Joe Pye Weeds
- EURYBIA MACROPHYLLA Big Leaf Aster
- EURYBIA DIVARICATA White Wood Aster
- ERIGERON PULCHELLUS VAR. PULCHELLUS Eastern Fleabane
- ERYNGIUM YUCCIFOLIUM Rattlesnake Master
- GERANIUM MACULATUM Wild Geranium
- HELENIUM spp. Helen's Flowers
- HELIANTHUS spp. Sunflowers
- HELIOPSIS HELIANTHOIDES Oxeye Sunflower
- IRIS VERSICOLOR Blue Flag Iris
- LIATRIS spp. Blazing Stars
- LOBELIA CARDINALIS Cardinal Flower
- LOBELIA SIPHILITICA Blue Lobelia
- LUPINUS PERENNIS Wild Lupine
- MONARDA spp. Beebalm
- OENOTHERA FRUTICOSA Shrubby Sundrop
- PENSTEMON DIGITALIS Tall White Beardtongue
- PHLOX spp. Phlox
- PHYSOTEGIA VIRGINIANA False Dragonhead
- PYCNANTHEMUM MUTICUM Short-toothed Mountain Mint
- RUDBECKIA spp. Black-eyed Susans
- SALVIA LYRATA Lyre-leaf Sage
- SENNA HEBECARPA Wild Senna
- SOLIDAGO spp. Goldenrods
- SCUTELLARIA spp. Skullcaps
- VERBENA HASTATA Blue Vervain
- VERNONIA NOVEBORACENSIS Ironweed
- VERONICISTRUM VIRGINICUM Culver's Root



Monarch on Goldenrod



Tiger Swallowtail on Wild Bergamot

## Shrubs & Vines – Nectar

- CAMPISIS RADICANS Trumpet Creeper (vine)
- CEANOTHUS AMERICANUS New Jersey Tea
- CEPHALANTHUS OCCIDENTALIS Buttonbush
- CLETHRA ALNIFOLIA Summersweet
- HYDRANGEA ARBORESCENS Smooth Hydrangea
- LONICERA SEMPERVIRENS Trumpet Honeysuckle (vine)
- PHYSOCARPUS OPULIFOLIUS Ninebark
- SALIX DISCOLOR Pussy Willow
- VACCINIUM CORYMBOSUM Highbush Blueberry
- VIBURNUM ACERIFOLIUM Mapleleaf Viburnum

## Host Plants for Butterflies

- Spicebush Swallowtail: Spicebush, Sassafras
- Spring Azure: Dogwood, Viburnum, New Jersey Tea, Blueberry, Ninebark
- Tiger Swallowtail: Black Cherry, Birch, New Jersey Tea
- White Admiral: Birch, Honeysuckle
- Mourning Cloak: Elm, Poplar, Birch, Wild Roses
- Northern Zig-Zag Fritillary: Bearberry
- Hairstreak: New Jersey Tea
- Monarch: Milkweed



Monarch Caterpillar